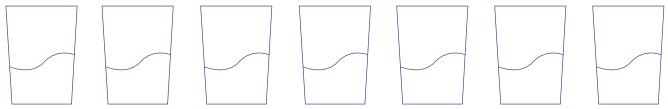
SIMPLIFY YOUR SCHEDULE

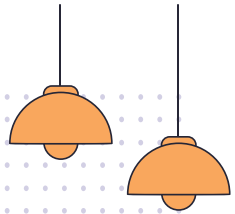
DAY:

DATE:

WATER INTAKE:



DOODLE



BREAKFAST	LUNCH	DINNER

IMPORTANT NOTES

FOR TOMORROW

TODAY'S AGENDA

GOOD THING THAT HAPPENED TODAY